Suggested Electives for Majors in the Food and Nutrition Department
Coordinated Program, Nutrition and Dietetics and Health and Wellness

Some courses may be required for different concentrations and course availability will vary by semester. Minors are strongly recommended. If you want to complete a minor, you need to consult the corresponding academic department for required courses in the FSU catalog https://www.framingham.edu/academics/catalogs/.

ANTH 161 - Cultural Anthropology (Dom. III-B)

COMM 107 – Effective Speaking (Dom I-A)
COMM 115 – Introduction to Speech Communications
COMM 213 – Advanced Public Speaking (Prerequisite: COMM 107 or 115)
COMM 215 – Science Communication (part of the new Science Communications minor)

ECON 102 – Principles of Microeconomics (Dom III-B)
ECON 220 – Health Economics (Prerequisite: ECON 102)
ECON 323 – The Economics of Sports (Prerequisite: ECON 102)

ENGL 225 – Introduction to Journalism (Prerequisite: ENGL 110)
ENGL 286 – Professional Writing (Prerequisite: ENGL 110)
ENGL 311 – Writing About Science (Prerequisite: ENGL 110 + either COMM 215 or other ENGL course)
ENGL 371 – Business Writing

ENTR 300 – Entrepreneurship, Start Your Own Business (Prerequisite: ENGL 110, Gen Ed math, sophomore standing)

ENVS 202 – Data Analysis for Scientists (MATH 123 is a Prerequisite: or eligibility to take MATH 200 Calculus)
MATH 117 – Intro to Statistics
MATH 208 – Biostatistics

FDSC 161 – Introduction to Food Science & Technology (Dom II-B)
FDSC 405 – Food Analysis (Prerequisite: CHEM 300 or 301)

FINA 100 – Principles of Financial Literacy (Dom. II-A; Nutrition and Food Studies requirement)

GEOG 208 – Medical Geography
GEOG 211 – Cultural Geography
GEOG 225 – Population, Food, and Global Development
GEOG 235 – Environmental Law & Policy

HEAL 105 – Personal and Community Health (Wellness required)
HEAL 206 – Wellness Behavior (Prerequisite: HEAL 105 + Intro PSYC or SOCI course or permission of instructor)
HEAL 326 – Drug, Alcohol, & Addictive Behavior (Prerequisite: BIOL 101 or 130) (Health and Wellness required)
HEAL 496 – Internship in Fitness (Fitness Concentration requirement. application)

MGMT 280 – Organizational Behavior (Prerequisite: Sophomore standing)

MRKT 181 – Marketing Principles
MRKT 301 – Brand Management (Prerequisite: MRKT 181)

NUTR 271 – Nutrition for Sports & Exercise (NUTR 205; CHEM 103 or CHEM 107; BIOL 142, BIOL 235 or BIOL 272)
NUTR 333 – Chronic Disease Nutrition (Prerequisite: NUTR 205) Wellness required
NUTR 390 – Special Topics in Nutrition (varies by semester, e.g., Nutrition Across the Lifespan; Supplements)
NUTR 479 – Computer Applications in Nutrition (Prerequisite: NUTR 381)
NUTR 490 – Independent Study in Food & Nutrition (Permission of Department Chair, application)
NUTR 495 – Internship in Food & Nutrition (Wellness requirement; Dietetics elective, application)
NUTR 499 – Internship in Food & Nutrition: US Army Natick Research, Development, and Engineering Center
PHIL 102 – Introduction to Ethics: Why Be Moral (Dom. III-C)
PHIL 103 – Introduction to Logic (Dom. II-A)
PHIL 118 – Introduction to Philosophy of Science (Dom. I-B)
PHIL 222 – Bioethics (Dom. III-C)

PSYC 201 – Child Development (Prerequisite: PSYC 101)
PSYC 212 – Adolescent Development (Prerequisite: PSYC 101)
PSYC 224 – Social Psychology (Prerequisite: PSYC 101)
PSYC 231 – Adult Development (Prerequisite: PSYC 101)
PSYC 245 – Health Psychology (Prerequisite: PSYC 101)
PSYC 271 – Principles of Behavior Modification (Prerequisite: PSYC 101)
PSYC 286 – Psychology of Women (Prerequisite: PSYC 101)
PSYC 305 – Human Relations (Prerequisite: PSYC 101)

SOCI 101 – Introduction to Sociology (Dom. III-B)
SOCI 212 – Sociology of the Family (Dom. III-B)
SOCI 218 – Women in Society (Dom. III-B)
SOCI 220 – Sports in Society (Dom. III-C)
SOCI 245 – Race and Ethnic Relations (Dom. III-B)
SOCI 300 – Animals and Society
SOCI 325 – Health and Illness (Prerequisite: 100-level Sociology course or ANTH 161)
SOCI 366 – Death and Dying (Prerequisite: sophomore standing or permission of instructor)