

Career/Major Counseling appointment:

Check in at the front desk and indicate if your visit is for a class requirement. If it is, ensure that you are marked to receive credit. You will be asked to register on Ramtrack and/or update your Ramtrack account. Appointments are usually 60 minutes, if needed.

- Be ready to discuss your current major/career status and your thoughts/feelings about that status.
- Come prepared to discuss your interests and goals for the future.
- It may be decided that an assessment will be helpful for you. If an assessment is involved, the counselor will explain the process.
- Usually a separate follow up appointment will be made to go over your assessment results.
- The counselor often will distribute career related handouts and use on-line resources for supplemental guidance.
- Career counseling is a chance for you to find out about yourself, so come ready to talk with your counselor and be open to questions and suggestions.

The career counselor is NOT your academic advisor and will not assist with course selection or advice on credit fulfillment. They will NOT tell you what job/major is best for you, but will give you more information to help you decide on your own. *All information discussed during an appointment is strictly confidential and will not be shared with anyone unless you give written permission or there is a clear, imminent threat to your health and/or safety or to others. On occasion, students may want to give permission for information to be shared with academic advisors, personal counselors or parents.*